



2020  
Annual Report

Society of Family Planning and  
Society of Family Planning Research Fund

We believe in just and equitable abortion and contraception informed by science.



[www.SocietyFP.org](http://www.SocietyFP.org)

# 2020

As the world and our worldviews shifted in 2020, so too did the ways the Society of Family Planning and the Society of Family Planning Research Fund work. Although we retained our focus on just and equitable abortion and contraception informed by science, we did so while trying to understand and respond to a global pandemic and advance efforts to upend structural racism. We recognized the need to create responsive programming to support clinicians, scholars, and partners working at the forefront of healthcare and research.

Just like you, we have been changed by this year, and are still exploring what it means to us and our work. What we do know is that our efforts were most meaningful when they were grounded in our values, led by a desire to mitigate barriers to participation, responsive to pressing needs in the family planning field, and developed in partnership with our community.

Throughout 2020, Society members inspired us. In response to enormous, collective tragedies, they centered science and equity by advancing evidence-based and justice-informed responses to gaps in practices and policies. In this year-in-review, we celebrate this shared work, which reflects the triumph and inextinguishable commitment to the Society's vision and missions.

## We grew and, in so doing, built a stronger community.

Since 2005, the Society has grown from a committed group of 18 founding members to a robust community of over 1,000 agents of change. During the past 15 years — and over the past year — the racial, and geographic makeup, and disciplinary training of Society members has grown increasingly diverse, and helped build a stronger community.

**230**  
new members  
in 2020

**New members** are from 35 states, including:

North Dakota

Utah

Kansas

Alabama

- New clinician members work in family medicine, internal medicine, adolescent sexual health, and nursing
- New research members work in genetics, social work, public health, and sociology



**56%** of new members provide essential healthcare

**12%** of new members work at the intersection of clinical care and research



**23%** of new members conduct cutting edge research

# 1,000 members

To celebrate our milestone of **1,000 members**, we lowered membership rates and expanded benefits.

## We created Special Interest Groups for members.

The newest and most frequently requested member benefit of 2020 was Special Interest Groups, communities of practice focused on topics related to the science and clinical care of family planning. Participation in Special Interest Groups provides members with opportunities to establish and deepen relationships with colleagues in the field, build professional skills, and exchange ideas. The groups also allow additional members to take on active leadership roles in the Society.

Group	Focus	Co-Chairs
<b>Advocacy</b>	Advocating for evidence-based abortion and contraception practices and policies in the US	Pratima Gupta, MD, MPH; Daniela Mansbach, PhD
<b>Basic science</b>	Promoting and supporting basic and applied research in contraception and abortion	Maureen Baldwin, MD, MPH; Aaron Lazorwitz, MD, MSCS
<b>Early pregnancy assessment clinics</b>	Patient access to early pregnancy assessment clinics	Helen Pymar, MD, MPH; Jade Shorter, MD, MSHP
<b>Family medicine</b>	Family medicine practitioners who provide family planning clinical care	Bhavik Kumar, MD, MPH
<b>Medical educators</b>	Family planning academic medical education, including undergraduate, graduate/doctoral, resident, or fellowship education	Kristyn Brandi, MD, MPH; Jennifer Salcedo, MD, MPH, MPP
<b>Research implementation</b>	Identifying and developing best practices for conducting family planning research	Rana Barar, MPH; Ruvani Jayaweera, MPH
<b>Substance use disorders</b>	Family planning care for individuals with substance use disorders	Sarah Roberts, DrPH, MPH; Elisabeth Woodhams, MD, MSc
<b>Telehealth practitioners</b>	Provision or advocacy for telehealth services	Angela Chen, MD, MPH; Dana Northcraft, JD; Rajita Patil, MD, FACOG

**We supported members to serve as trusted voices.**

Since the start of the pandemic, Society members have been quoted or referenced in over 100 media pieces on COVID-19.

*The New York Times*

marie claire

*The Atlantic*

TIME

ESSENCE

**We supported publication of many of 2020's most-talked-about publications.**



**33 Society members** featured as authors on the most-talked-about abortion- and contraception-related publications

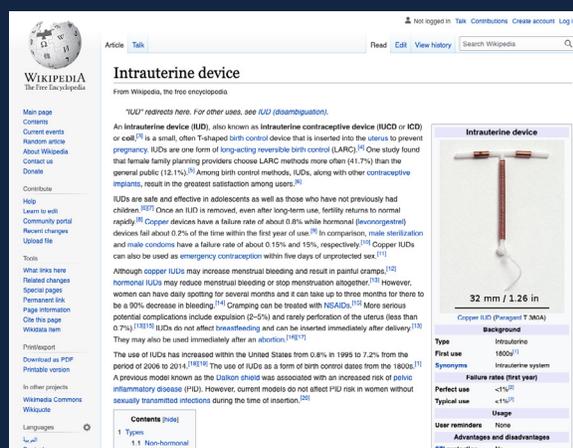


## We provided member training on structural racism.

The training included the history of racial oppression, unconscious bias, and tangible skills for understanding the impact of power, racism, and privilege on reproductive and health outcomes. The 61 members who participated reported an enhanced understanding of the impact of structural racism on health outcomes, and that the training helped them to explore how unconscious bias influences communication and decision-making. They also developed practical strategies for mitigating the detrimental effects of racism and unconscious bias.

## We offered supportive space to BIPOC members.

The goal of these quarterly, restorative virtual spaces for members who identify as Black, Indigenous and people of color (BIPOC) was to create a community space, recognizing that safe spaces are essential for the development of leadership capacity and personal growth. Participants reported that they appreciated the reflection space and networking with other BIPOC members.



## We continued our partnership with Wikipedia Education.

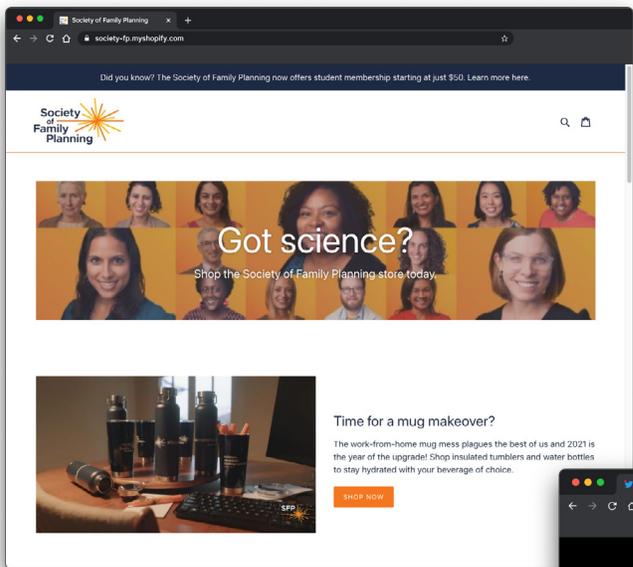
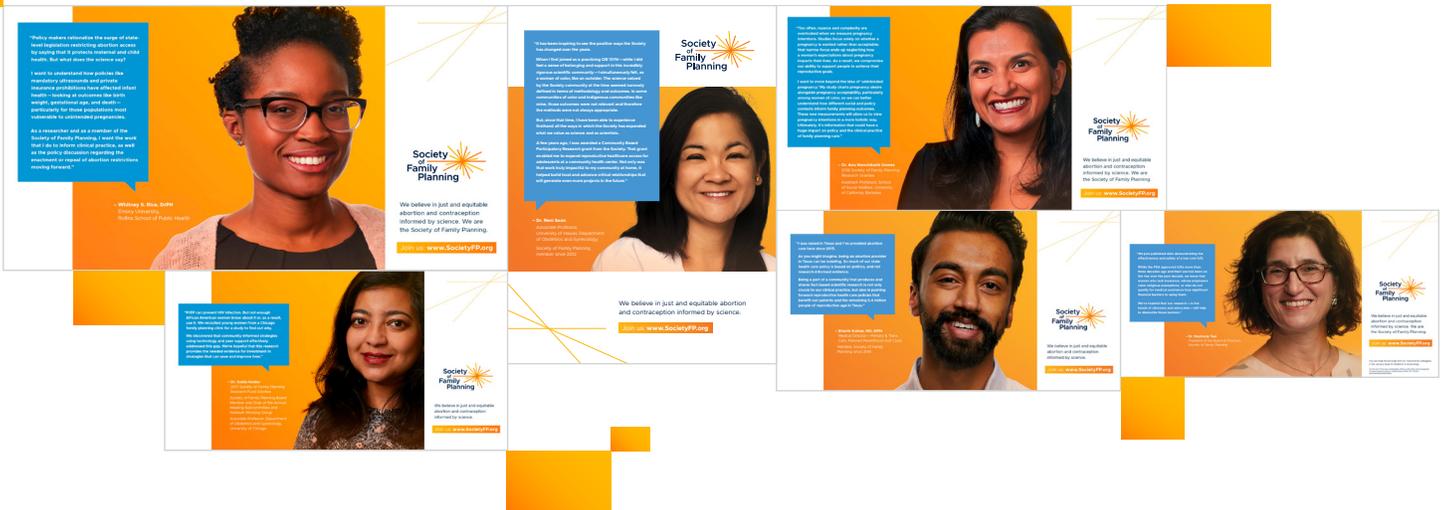
Since 2019, the Society has partnered with Wikipedia Education to train members to improve the quality of abortion and contraception information on Wikipedia, one of the most popular online sources of health information. The site attracts 500 million readers each month, including those seeking information about abortion and contraception. This partnership allows us to leverage the power of Wikipedia to provide the public with accurate family planning information.

**30** scholars trained

**147** articles updated

**13.6** million views

**We highlighted and celebrated members, grantees, and programming through advertisements in our official journal, *Contraception*.**

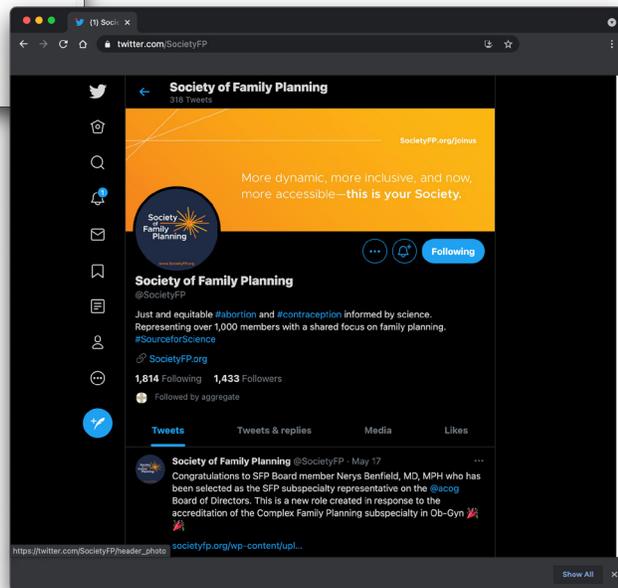


**We launched a Society of Family Planning store.**

Due to the popularity of the swag sold at the Annual Meeting, we launched an online store to make it easier for members to make purchases throughout the year and to communicate to the world that they are a **#SourceforScience**.

**We expanded our reach on social media.**

We launched **@SocietyFP** on Twitter to spotlight member accomplishments, share new programming, and engage with new audiences and potential members.



**We hosted a virtual convening that removed barriers to participation.**

**1,403**

**attendees**

*“Thanks for sponsoring an affordable virtual conference. Because we didn’t incur travel and hotel fees, we were able to send as many project staff (who wanted to attend) to this conference. The virtual sessions are a great benefit to our staff.”*

*– Annual Meeting attendee*

*“REALLY appreciate that content is available for a year after the conference to be able to digest & explore. REALLY love the opportunity to relisten to concurrent sessions that were missed.”*

*– Annual Meeting attendee*

**36**

**on-demand and  
live streamed sessions**

**4**

plenaries

**16**

concurrent  
sessions

**15**

scientific oral  
abstracts

**81**

scientific poster  
abstracts

**12**

2020 Fellowship  
graduate posters

**3**

pre-conference  
career development  
activities

**We celebrated excellence among our members.**

### **2020 Society of Family Planning award winners**

**Society of Family Planning Lifetime Achievement - Maureen Paul, MD, MPH**

**Society of Family Planning Mentor Award - Jenny Higgins, PhD, MPH**

**Society of Family Planning Beacon of Science Award - Sonya Borrero, MD, MS**

### **Oral Abstract Awards**

**Outstanding Researcher Award - David Turok, MD,** “The levonorgestrel vs. copper intrauterine device for emergency contraception: A non-inferiority randomized controlled trial”

**Outstanding Researcher in Training Award - Kelly Treder, MD, MPH,** “A qualitative exploration of the impact of racism on the reproductive health of US Black women”

### **Poster Abstract Awards**

**First place – Zainab Jah, MPH,** “All the things that make life harder: Intersectionality and medication abortion in Georgia”

**Second place – Antonia Biggs, PhD,** “Abortion patients’ interest in obtaining medication abortion over-the-counter”

**Third place – Subasri Narasimhan, PhD, MPH,** “A comparison of arguments strategies, and evidence used by supporters and opponents of ‘heartbeat’ abortion bans across seven Southern states”

“Big shout out to the SFP staff who organized this new model of a virtual conference! The content of the conference, which was so focused on justice and equity, was just what we needed at this time of reckoning and as we transform our work moving forward. Thank you!”

– Annual Meeting attendee

**We were recognized as a distinct area of clinical practice and research inquiry.**

Due to the concerted efforts of numerous stakeholders over a number of years, the Complex Family Planning Fellowship became an ACGME accredited subspecialty, with program requirements approved in June 2020. The Fellowship joins four other Ob-Gyn subspecialties recognized by the American Board of Medical Specialties as a distinct area of clinical practice and research inquiry.

**\$2,090,004**

**awarded**

**28**

**research awards**

**21**

**post-fellowship  
salary support awards**



**We established the Uta Landy Fund.**

To honor Dr. Uta Landy's lifetime of contributions to both the Fellowship and the Ryan Residency Training Program, we established the Uta Landy Fund in Complex Family Planning to support this remarkable community of trainee physicians, educators, and researchers.

### **We joined the fight against efforts to limit access to abortion.**

We worked with leading medical societies, and supported the creation and dissemination of a series of **three joint statements** that advocated for policies to maintain access to abortion during the pandemic: Joint Statement on Elective Surgeries, Joint Statement on Abortion Access During the COVID-19 Outbreak, and Joint Statement on Re-introduction of Hospital and Office-based Procedures. **Eight legal challenges** to state-level restrictions on abortion access featured at least one of the joint statements.

### **We supported learning about the impact of COVID-19 on clinical care.**

The Abortion Clinical Research Network launched a study to capture family planning practice changes adopted in response to the pandemic. We published three summaries of the data. All data is available to researchers interested in conducting their own analysis, and also to clinicians interested in quality improvement analysis at their clinics.

**1** clinic has requested the data

**8** research teams have requested the data

We brought providers together virtually to share real-time experiences and best practices as the pandemic evolved. Topics covered include adaptations to general family planning clinical protocols; no- or low-test medication abortion; and the logistics, considerations, and ethics of resuming or starting clinical research during the pandemic.

### **We launched the Banked Plasma Program to support researchers.**

The Society has expanded its mechanisms for supporting researchers through sharing of plasma samples. The application to request samples was open to all members and will soon be open to other reproductive health researchers who seek to address pressing clinical questions in family planning and reproductive health.

### **We continued to publish highly-valued and timely clinical recommendations and to co-produce and endorse critical documents with partner organizations.**

Clinical recommendations received **125 citations** and **200 mentions** in traditional and social media.

**We supported scholars investigating essential abortion and contraception questions.**

**63** grantee produced publications

**83** academic citations

**757** times in news or social media mentions

**\$4,446,867**

**competitive grants awarded** (37 total)

- 3 SMFM and SFP Bridge Builder awards
- 2 Innovations in Contraceptive Service Delivery awards
- 8 Changemakers in Family Planning awards
- 15 Emerging Scholars in Family Planning awards
- 9 Increasing Access to Medication Abortion, Part II awards
- 65% first-time applicants
- 92% first-time grantees

“It really does matter that this is centering scholars of color. As a scholar of color in our field, this is something that I’ve wanted, this group of people, with the connection around identity and scholarship”

— Changemakers in Family Planning grantee



### We came together as a team.

Eighteen staff in ten states across the US worked as a team to cocreate some of the Society's most meaningful and impactful work to date. We thank them for shaping who we are today and the work we will do together in the future.

### We continued to build essential oversight and advisory practices.

#### 15 board members

#### 3 committees

- Executive
- Finance
- Governance

#### 1 council

- Complex Family Planning

#### 3 subcommittees

- Clinical Affairs
- Annual Meeting
- Research Impact

#### 2 working groups

- Diversity, Equity, and Inclusion
- Network

#### 105 total participants



THANK  
YOU

We look forward to what we will do together in 2021.

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