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Dear colleagues,

On behalf of the Board of Directors and staff, we are delighted to send you the 2013 annual report for the Society of Family Planning (SFP) and the SFP Research Fund.

Funding research in family planning is the SFP Research Fund’s core mission, and in 2013, we issued our seventh annual competitive request for proposals. More than $1.5 million was allocated for large and small research grants and career development awards. On pages 3–5, read about these projects and the PIs who are posed to contribute much-needed literature to the field. Also in 2013, the sites involved in the multi-site study on cervical preparation prior to dilatation and evacuation were extraordinarily busy recruiting patients to meet the goal of enrolling a total of 300 women. We look forward to late 2014 when the results of this, our first multi-center study will be available. The Research Fund also continued to manage the allocation of grant funds and contracts for the Fellowship in Family Planning research projects, totaling approximately $1.3 million.

In October 2013, we convened SFP’s eighth annual meeting, the 2013 North American Forum on Family Planning, which we co-produced with colleagues at Planned Parenthood Federation of America. Part of SFP’s role in the meeting’s management is to provide leadership, volunteers, and staff support for the scientific abstracts program. In 2013, there were 20 oral presentations and 123 posters accepted for the conference and published in our official journal, Contraception. In addition, SFP sponsored a career development seminar on applying for grants and publishing manuscripts, designed specifically for SFP junior fellows. We also held our annual fellowship business meeting, where 2012 grantees presented their results, and the annual SFP awards presentations and luncheon (see pages 7–10).
Our membership continues to grow and attract researchers from numerous disciplines. We experienced an increase from 363 fellows in 2012 to 461 by the end of 2013. These included 178 full fellows, 257 junior fellows, 5 candidate fellows, and 21 affiliate fellows, a new membership category added by the board of directors in 2013. SFP fellows include obstetrician/gynecologists, internal medicine and family medicine specialists, and pediatric/adolescent medicine physicians. SFP also benefits from members who are PhD researchers representing disciplines that include nursing, demography, sociology, epidemiology, and other social science fields.

Finally, we want to sincerely thank Melissa Gilliam, who completed her two-year term as Board President in October, for her leadership and commitment to SFP. Indeed, we’re grateful to all of our fellows and colleagues who volunteered in 2013 to help advance SFP and the SFP Research Fund’s missions. We’re especially appreciative of the grant and scientific abstract reviewers, clinical guideline authors, and board and committee members. Many thanks also to all of our colleagues involved in family planning research, training, public policy, and clinical care. We look forward to another productive year in 2014.

Warmly,

Susan Higginbotham, M.Ed
Executive Director

Carolyn Westhoff, MD, MSc
President, Board of Directors

“\textit{I am grateful that SFP is bold in funding innovative work that challenges existing abortion practice and laws. SFP support has immeasurably and allowed me to examine expanded access to medication abortion for Nepali women through pharmacies.}”

—Corinne Rocca, PhD, MPH
The SFP Research Fund’s grant program is intended to generate knowledge in the field of family planning through scientific research and strengthen family planning policies, services and programs. Proposals cover a wide range of research areas—from improvements in underlying conceptual or biomedical knowledge that advance fundamental understanding in the field of family planning, to knowledge of improved programs or policies that will provide family planning more safely, effectively, efficiently, and to wider groups of people in need.

**Large Grants—$120,000 Maximum Award**

Kari Braaten, Planned Parenthood League of Massachusetts—$119,318  
Use of an algorithm to determine IV sedation dosing during first-trimester surgical abortion

Ila Dayananda, Planned Parenthood of New York City, Inc.—$120,000  
Laminaria compared to Dilapan-S for cervical preparation

Diana Foster, University of California, San Francisco—$119,946  
The Turnaway Study

Lisa Harris, University of Michigan—$47,315  
Doctors as messengers: Mobilizing physicians across all medical specialties to respond to state level abortion restrictions

Jon Hennebold, Oregon National Primate Center/Oregon Health & Science University—$46,949  
Extending the interval of action and effectiveness of the emergency contraceptive ulipristal acetate

Joseph Potter, University of Texas at Austin—$120,000  
Demand for postpartum contraception in Texas

Corinne Rocca, University of California, San Francisco—$120,000  
Expanding access to medication abortion through pharmacies in Nepal

*Continued on next page*
Kristen Shellenberg, Ipas—$120,000
Bringing medical abortion closer to women: Accuracy of women’s dating of gestational age using the Gestational Wheel in Ghana

Janet Turan, University of Alabama at Birmingham—$114,272
Exploring the role of reproductive stigmas in pregnancy decision-making in Alabama

David Turok, University of Utah—$119,998
Early versus delayed postpartum insertion of the levonorgestrel IUD and impact on breastfeeding: A randomized controlled non-inferiority trial

**Small/pilot grant—$15,000 maximum award**

Abigail Aiken, University of Texas at Austin—$14,955
Demographic diversity in the measurement and meaning of unintended pregnancy

Shannon Carr, University of New Mexico—$15,000
Nitrous oxide for pain management of intrauterine device insertion in nulliparous women

Lauren Chernick, Columbia University—$14,985
The Texting 2 Initiate (T2I) Study: A pilot randomized controlled trial using text messaging from the pediatric emergency department to increase contraception initiation among adolescent females at high pregnancy risk

Anu Gomez, San Francisco State University—$15,000
Abortion and mental health during the transition to adulthood

Britt Lunde, Icahn School of Medicine at Mount Sinai—$15,000
Reasons for early discontinuation of the contraceptive implant in adolescents: A qualitative study

Rebecca Mercier, University of North Carolina, Chapel Hill—$15,000
The effect of Women’s Right to Know Law on abortion providers in North Carolina

“The data obtained as a consequence of SFP support will allow us to pursue strategies that reduce the risk of unintended pregnancies by developing the means to limit ulipristal acetate failure.”

—Jon Hennebold, PhD
The SFP Research Fund recognizes the importance of supporting researchers throughout their careers. These career development grants are designed to provide research support and protected time for junior investigators and mentors; and offer medical students, residents and graduate-level students a chance to gain hands-on experience. In 2013, the SFP Research Fund provided nearly $400,000 in three junior investigator awards and eight trainee/student awards.

**Career development: Junior Investigator Award**

Caitlin Gerdts, University of California, San Francisco—$118,111  
Mobile health applications for improving access to and information about safe abortion

Julia Steinberg, The Regents of the University of California, San Francisco—$129,980  
Novel research in abortion and mental health

Kari White, University of Alabama at Birmingham—$107,694  
Access to abortion care in the Deep South

**Career development: Trainee/student award**

Benjamin Brown, The University of Chicago—$5,000  
Prevalence of shared negative contraception experiences and their impact on counseling about long-acting reversible contraceptives

Holly Bullock, University of Hawaii—$4,851  
Pharmacy access to ulipristal in Hawaii: Is a valid prescription enough?

(Continued on next page)
Receipt of my SFP career development award on access to abortion services in the Deep South has accelerated my career both as a tenured professor and as an independent investigator and has facilitated my ability to secure external funding to continue my research.”

—Kari White, PhD
SFP’s Annual Meeting was held—as it has been for the past three years—in association with the new North American Forum on Family Planning, which SFP co-sponsors with Planned Parenthood Federation of America. With nearly 650 attendees (almost 100 more than last year) and strong science and educational content, we think that this year’s Forum was another resounding success. The Twitter feed that ran throughout the conference and the attendee evaluations agreed with that assessment.

The meeting, held in Seattle, began with the pre-conference SFP Career Development Seminar and annual business meeting. The topics of the Career Development Seminar were “Making the Most of SFP Research Fund Grants” with Susan Higginbotham, Tina Raine-Bennett, and Gillian Dean; and “Reviewing and Publishing Journal Articles,” with James Trussell, Tracy Weitz, and Carolyn Westhoff.

The SFP Business meeting featured brief presentations by the 2011 grantees and covered a wide range of research areas—from pain control in first-trimester medical abortion to emergency contraception in Tunisia. The presentations also included the four career development awards from 2011. Recipients of the junior investigator grants presented their work, one on building a career in abortion research and one on safe and unsafe abortion practices in Nepal. The mid-career mentor awardees each presented as well, the first on mentoring recently graduated family planning fellows transitioning to independent investigators and the second on a multi-disciplinary group of trainees interested in providing family planning.

SFP Fellows Drs. Emily Godfrey, Rachel Perry (Junior Fellow), Julie Chor, and Beverly Winikoff in discussion following SFP’s 2013 Career Development Seminar.
Scientific abstracts review: One of SFP’s roles in producing the annual meeting is to manage the scientific abstracts. We rely significantly upon the strength of our volunteer fellows as reviewers. Twenty abstracts were selected for oral presentations. Another 123 were presented as posters.

The winner of the Outstanding Researcher Award was SFP Junior Fellow Ushma Upadhyay, PhD, MPH, for her abstract “Prevalence of abortion complications and incidence of emergency room visits among 55,000 abortions covered by the California Medi-Cal Program.” Two Outstanding Researcher in Training Awards were presented: one to SFP Junior Fellow Maureen Baldwin, MD, MPH, for her abstract “Initial management of undesired pregnancy of unknown location: A decision analytic model”; and one to SFP junior fellow Elisabeth Woodhams, MD, for her abstract “Understanding African-American adolescent males’ perceived responsibility for pregnancy prevention: A focus group study.”

Awards were also given for the top scientific posters. First place went to Sonya Borrero for “The public cost of unfulfilled sterilization requests.” Second place went to Aileen Gariepy for “Probability of pregnancy after sterilization: A comparison of hysteroscopic versus laparoscopic sterilization.” Third place went to Tibebu Alemayehu for “An evaluation of post-abortion contraceptive uptake following a youth-friendly service intervention in Ethiopia.”

Photos, top to bottom: Ushma Upadhyay, PhD, MPH; Maureen Baldin, MD, MPH; and (left to right) Tibebu Alemayehu, Sonya Borrero and Aileen Gariepy. Elisabeth Woodhams, MD, recipient of one of the two Outstanding Research in Training Awards, is not shown.
AWARDS: As in the past, one of the highlights of the meeting was the SFP Awards Luncheon. This year, we introduced a new award—the Robert A. Hatcher Family Planning Mentor Award—in recognition of the extraordinary role in educating and mentoring family planning health providers and researchers played by the first awardee, Dr. Robert A. Hatcher. Dr. Hatcher is the originator of both the Contraceptive Technology reference book and the Contraceptive Technology conferences.

Dr. Carole Joffe received SFP’s 2013 Lifetime Achievement Award. Dr. Joffe is a professor at the Bixby Center for Global Reproductive Health in the Department of Obstetrics, Gynecology and Reproductive Sciences at the University of California, San Francisco, and professor emerita of sociology at the University of California, Davis. Dr. Joffe recently released her fifth book, *Reproduction and Society: Interdisciplinary Readings*.

Dr. Paul Blumenthal received the Allan Rosenfield Award for Lifetime Contributions to International Family Planning. Dr. Blumenthal directs the Stanford Gynecology Service, Stanford’s Division of Family Planning Services and Research, and the Stanford Program for International Reproductive Education and Services (SPIRES), an initiative providing technical assistance and training to family planning programs in a wide variety of countries across Africa, Asia, and Central America.

All three awardees gave inspiring talks reflecting on changes in abortion provision and family planning over the course of their careers.
SFP Clinical Guidelines are prepared by the individual members of SFP and are reviewed, modified, and approved by the SFP Board of Directors. The Clinical Guidelines reflect a thorough review of published literature and emerging clinical and scientific advances as of the date issued, and are subject to change. The Clinical Guidelines provide treatment recommendations and should not be construed as prescribing exclusive courses of treatment or procedures relating to any clinical matter. All guidelines are posted on the SFP website after they have been published in our peer-reviewed journal, Contraception, an international reproductive health journal.

Twelve Clinical Guidelines had been published through the end of 2013. The last four of those, published in 2012 and 2013, included:

Cervical preparation for second-trimester surgical abortion prior to 20 weeks’ gestation
*Contraception* 89(2)2014, pp. 75-84. Guideline #2013–4 (This document revises and replaces the previous version, originally published in #2007-2)

Interruption of nonviable pregnancies of 24–28 weeks’ gestation using medical methods

Surgical abortion prior to 7 weeks of gestation

Management of postabortion hemorrhage

“A well-crafted guideline promotes quality by reducing health-care variations, improving diagnostic accuracy, promoting effective therapy, and discouraging ineffective—or potentially harmful—interventions.”

From SFP’s inception in 2005, until the end of calendar year 2013, we accepted 461 Fellows. Membership in SFP is open to any qualified individual in the United States or abroad who is in good professional standing and has an interest in family planning demonstrated through post-doctoral training, a substantial clinical or laboratory practice, or academic presentations and publications within this field. This includes persons who perform clinical, basic science, epidemiologic, social science, demographic, statistical, or related types of studies. The essential criterion for selection is continuing identification with the field of family planning.

Although the SFP founding members were the directors of the fellowships in family planning, and thus primarily obstetrician/gynecologists, we continue to become more inclusive as an academic society by recruiting and accepting physician researchers who are trained in internal medicine, family medicine, pediatrics/adolescent medicine, and public health. We also have a growing and active constituency of PhDs, including social scientists, epidemiologists, demographers, and nurse researchers.

In 2013, 30 Junior Fellows became Full Fellows, having met the eligibility requirements. We also launched a new membership category of Affiliate Fellowship, to include individuals no longer eligible for Junior Fellowship but not meeting the publication requirements for Full Fellowship. Affiliate Fellows may qualify for Full Fellowship once they meet the publication and presentation requirements.

As SFP continues to recruit and accept researchers from varying disciplines and backgrounds, we strive to create a diverse and collaborative environment for all those dedicated to a career in family planning research.
### Statement of Financial Position (SFP & SFP Research Fund consolidated)

**Assets:**

- Cash and cash equivalents:
  - Checking, savings, & money markets...... $777,808
  - Cash reserve certificate.................. 1,364,700
  - **Total cash and cash equivalents**........ 2,142,508
- Prepaid expenses............................ 4,616
- **Total current assets**.................... 2,147,124
- Furniture and equipment, net.............. 2,700
- **Total assets**............................. $2,148,809

**Liabilities**

- Accounts payable and accrued expenses........ $31,204
- Grants payable.................................. 346,904
- **Total liabilities**............................ 378,108

**Net Assets**

- Unrestricted.................................... $38,829
- Temporarily restricted......................... 1,731,872
- **Total net assets**............................ 1,770,701

**Total liabilities and net assets**............... $2,148,809

“Receiving an SFP grant allowed me to undertake my first qualitative research project as a multidisciplinary collaboration within my institution. The funding allowed for a better project design and larger team, and permitted me to gather more and better quality data from state abortion providers. My hope is that our data and work will give voice to abortion providers and patients, and provide support to efforts to improve access to reproductive health services.”

—Rebecca Mercier, MD, MPH
**Statement of Functional Expenses** *(SFP & SFP Research Fund consolidated)*

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<th>Programs and Services</th>
<th>General and Administrative</th>
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<td>Travel, meetings, and conferences</td>
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Top, from left to right: Carolyn Westhoff, SFP President; Eve Espey, President-Elect; Immediate Past President Melissa Gilliam. Bottom: At-large board member Lawrence Finer, Treasurer Stephanie Teal, and at-large board member Maureen Paul.
“Because of the rapid but thorough peer review process for SFP Research Fund grants, important clinical questions in our field are more rapidly translated into evidence-based clinical practice… and translating hypotheses into care for people is why we do research. Thank you, SFP, for strengthening family planning research.”

—David Turok, MD, MPH
All photos with exception of page 16 #2 and #4 courtesy of Michael Rubottom, ©2013. Cover photo, left to right: Immediate Past President Melissa Gilliam; Miriam Joffe-Block; SFP President Carolyn Westhoff.