





# letter from the executive director and president

Dear colleagues,

We write on behalf of the board of directors and staff to provide you, our fellows, partners, and supporters, with the Society of Family Planning's 2010 Annual Report. 2010 represents our sixth year of operation as a society, and, thanks to the strength of our fellows, volunteers, and generous supporters, we continue on a path of significant growth and achievement.

“There is no more powerful engine driving an organization toward excellence and long-range success than an attractive, worthwhile, achievable vision for the future, widely shared,” wrote Burt Nanus in *Visionary Leadership*. To that end, in early 2010 the SFP board of directors and staff held a one-day retreat in Philadelphia to plan for short-term organizational goals and, most importantly, for expansion of our grants program to support career development opportunities.

Additionally, for the fourth consecutive cycle, SFP managed a Request for Proposals process and subsequently allocated more than \$1.16 million to researchers for large and small/pilot grants. For more information on these studies, projects that very few organizations other than SFP would likely fund, please see pages 3–5.

Furthermore, we held SFP's sixth annual scientific meeting in September 2010 in Atlanta. The meeting included the SFP Career Development Seminar on writing grants and abstracts. We also hosted our business meeting where the 2008 grantees presented results of their research, and we discussed the upcoming changes in the 2011 conference. Due to our collective expertise in research, SFP was able to review and select outstanding scientific abstracts selections for the general conference,



*Mark Nichols, SFP president, and Susan Higginbotham, SFP executive director, converse at Reproductive Health '09*

# letter from the executive director and president

including 21 oral abstracts and 102 posters. We also presented our annual awards to leaders in the field (please see page 8 for more details).

What's more, our society grew to 255 members by the end of 2010, which means SFP gained 43 new fellows compared to the previous year. We continue to benefit from the collective and varied experiences of all of our researchers, academicians, and providers.

Lastly, as of the completion of the year, we had seven clinical guidelines in publication and several more in development. Given the high number of downloads and citations of the guidelines from our official journal, *Contraception, an international reproductive health journal*, we are committed to our efforts to provide evidence-based guidelines for clinicians and researchers alike.

On behalf of SFP's constituents, we are grateful for your incredible support of our mission, as well as for your contributions to the field of family planning.

Warm regards,



Susan Higginbotham, M.Ed  
Executive Director



Mark Nichols, MD  
President, Board of Directors

*“SFP funding has allowed me to investigate a question that neither NIH nor the pharmaceutical industry had begun investigating, and that fosters a novel collaboration with my university’s best virologists and infectious disease clinicians.”*

—Cassing Hammond, MD



*SFP junior fellow, Susan Rubin, MD, MPH, with fellow and 2010 grantee, Cassing Hammond, MD*

## SMALL/PILOT GRANT

\$15,000 maximum award

**Paula Bednarek, Oregon Health and Science University—\$14,893**

The effect of nitroglycerin on the IUD insertion experience in nulliparous women

**David Eisenberg, Washington University in St. Louis School of Medicine—\$15,000**

Randomized, open-label, controlled trial of immediate postpartum versus interval insertion of Mirena® to increase the usage at 6 months after delivery

**Aileen Langston, Columbia University Medical Center—\$15,000**

Post-abortion LARC—Repeat pregnancy rates

**Alison Norris, Johns Hopkins Bloomberg School of Public Health—\$15,000**

Contraception and the consequences of unwanted pregnancy in Zanzibar, Tanzania

**Chelsea Polis, Johns Hopkins Bloomberg School of Public Health—\$15,000**

Acceptability and use-effectiveness of Depo-subQ provera 104 administered via Uniject versus conventional intramuscular Depo-Provera among HIV-positive women and family planning providers in Rakai, Uganda

**Amanda Dennis, Ibis Reproductive Health—\$15,000**

The unmet reproductive health needs of women with epilepsy:  
A qualitative exploration of family planning decision making

**Tracy Weitz/Katrina Kimport, University of California San Francisco—\$14,996**

Charting the terrain of abortion information online

*(Continued on next page)*

## LARGE GRANTS

\$120,000 maximum award

Rebecca Allen, Women and Infants Hospital—\$64,100

A randomized controlled trial of 2% lidocaine gel for IUD insertion

Deborah Bartz, Planned Parenthood League of Massachusetts—\$110,792

Boston migraine and contraception study

Abbey Berenson, The University of Texas Medical Branch—\$120,000

Contemporary intrauterine contraception use among adolescents:

Examination of a national health claims database

Cassing Hammond, Northwestern University—\$117,742

Impact of Combination Oral Contraceptives, Depot Medroxyprogesterone Acetate and the Levonorgestrel Intrauterine System on Diffusion of HIV Type 1 within Cervicovaginal Mucus

Cynthia Harper, University of California San Francisco—\$119,926

The role of depression, anxiety, and negative emotions in post-abortion contraceptive decision-making

Jillian Henderson, University of California San Francisco—\$119,926

Investigating contraceptive use and continuation among women obtaining legal abortion services in Nepal

Megan Kavanaugh, Guttmacher Institute—\$62,902

Who uses long-acting reversible contraceptive methods?

Anu Kumar, Ipas, Inc.—\$119,501

Measuring abortion stigma for program design and evaluation

*“As a junior investigator, SFP funding was an important validation of my goal to continue research in family planning. It showed my division and department that family planning research merits my time and effort.”*

*—Rebecca Allen,*

*MD, MPH*



*Carole Joffe, PhD, in discussion  
with Mark Nichols, SFP president*

Wendy Norman, University of British Columbia—\$99,623

Contraception satisfaction and effectiveness post abortion:  
A randomized controlled trial

Jody Steinauer, University of California San Francisco—\$69,260

Calling all high-risk patients:  
Can a simple telephone call increase contraception continuation after abortion?

Tracy Weitz/Carole Joffe, University of California San Francisco—\$57,915

Abortion counseling:  
The origins, crisis, and attempts at resurgence of a new occupational role

*“I am very grateful for the SFP grant program. The variety of grant types have encouraged me to be innovative and to take chances when considering potential research directions and collaborations. The SFP grants I have been awarded have allowed me to develop quick momentum in establishing a research program following fellowship. I anticipate using this momentum when considering other funding sources.”*

*—Deborah A. Bartz, MD, MPH*

# 2010 Annual Meeting

**S**FP'S ANNUAL MEETING in association with *Reproductive Health 2010* and our partners, the Association of Reproductive Health Professionals and Planned Parenthood Federation of America was well attended with more than 500 attendees at the overall conference. The meeting, held in Atlanta, began with the pre-conference SFP Career Development Seminar, which was developed by the Junior Fellows Committee and attended by over 60 SFP members. The topic of the seminar was "How to Write Grants and Abstracts," and faculty included Drs. Tracy Weitz, Melissa Gilliam, Jeff Piepert, and Alison Edelman.



*SFP's annual meeting provides an opportunity for networking with colleagues. Shown here are SFP fellow Kelly Blanchard, MSc; Teresa DePineres, MD, MPH; and junior fellow Kelly Culwell, MD.*

*"I love this conference for the quality of the information and the commitment displayed to quality service and public health."*

*"Great conference with very good balance between networking opportunities and professional/scientific updates."*



*SFP fellow Miriam Cremer, MD, MPH, received the Outstanding Researcher Award*

**SCIENTIFIC ABSTRACTS REVIEW:** Because of SFP's collective expertise around research in family planning, we managed the scientific abstracts submission, review and publications at the annual meeting, relying upon our volunteer fellows as reviewers. Ultimately, 21 abstracts were selected for oral presentations, while 102 were presented as posters. SFP fellow Miriam Cremer, MD, MPH, received the Outstanding Researcher Award for her study of immediate versus delayed IUD insertion after second trimester abortions. In addition to satisfying SFP's full fellowship requirement of presenting original research at our annual meeting, all the abstracts selected were published in the August 2010 edition of our official journal, *Contraception, an international reproductive health journal*.

*(Continued on next page)*



*SFP fellows Anne Davis, MD, MPH, and Emily Godfrey, MD, MPH, discuss one of the poster presentations.*

**AWARDS:** SFP presented our two annual awards, the SFP Lifetime Achievement Award and the Allan Rosenfield Award for Lifetime Contributions to International Family Planning to Carolyn Westhoff, MD, MSc, and Herbert Peterson, MD, respectively. Dr. Westhoff presented “Changing Clinical Protocols to Improve Patient-Centered Care: Breaking the Rules,” while Dr. Peterson presented “Achieving the Millennium Development Goals: The Impact of Population and Family Planning.”



*SFP's two 2010 awardees, Herbert Peterson, MD, and Carolyn Westhoff, MD, MSc.*

*On behalf of the  
board of directors  
and staff,  
we want to thank our  
fellows for  
becoming a part of  
our academic society  
and for the incredible  
wealth of experience  
and leadership  
you provide to the  
field of  
family planning  
research.*



*John J. Sciarra, MD, PhD, was recognized by Susan Higginbotham, SFP executive director, for his six years of service as board Treasurer and a driving force in SFP's establishment as a society.*

**OTHER SFP EVENTS:** The annual SFP business meeting was held on September 23, where the 2008 grantees presented their research results, and we fielded questions and suggestions regarding changes in the annual meeting and conference management.

The SFP annual reception and dinner was held immediately after the meeting and was attended by 155 fellows and guests. During the dinner program, John J. Sciarra, MD, PhD, was recognized for his six years of service as board Treasurer and a driving force in SFP's establishment as a society.

*The idea for the Society of Family Planning was conceived in 2001 when Dr. Leon Speroff, one of the world's leading writers on reproductive endocrinology and contraception, observed that there was no proper forum for American researchers in family planning to share project ideas, form collaborations, review works in progress, and critique assumptions and conclusions. Dr. Sciarra was one of the founding members who launched SFP to meet that need.*

# Clinical guidelines published through 2010

**SFP CLINICAL GUIDELINES** are prepared by the individual members of SFP and are reviewed, modified, and approved by the SFP Board of Directors. The Clinical Guidelines reflect a thorough review of published literature and emerging clinical and scientific advances as of the date issued, and are subject to change. The Clinical Guidelines provide treatment recommendations and should not be construed as prescribing exclusive courses of treatment or procedures relating to any clinical matter. All guidelines are posted after they have been published in our peer-reviewed journal, *Contraception, an international reproductive health journal*.

**Cervical dilation before first-trimester surgical abortion (<14 weeks' gestation)**

*Contraception* 76:2(2007), pp. 139-156. Guideline #20071

**Cervical preparation for second-trimester surgical abortion prior to 20 weeks of gestation**

*Contraception* 76:6(2007), pp. 486-495. Guideline #20072

**Cervical preparation for surgical abortion from 20 to 24 weeks' gestation**

*Contraception* 77:4(2008), pp. 308-314. Guideline #20073

**Contraceptive considerations in obese women**

*Contraception* 80:6(2009), pp. 583-90. Guideline #20091

**Use of the Mirena LNG-IUS and Paragard CuT380A intrauterine devices in nulliparous women**

*Contraception* 81:5(2010), pp. 367-371. Guideline #20092

**Induction of fetal demise before abortion**

*Contraception* 81:6(2010), pp. 462-473. Guideline #20101

*“A well-crafted guideline promotes quality by reducing health-care variations, improving diagnostic accuracy, promoting effective therapy, and discouraging ineffective—or potentially harmful—interventions.”*

Ornstein S, Nietert PJ, Jenkins RG, Wessell AM, Nemeth LS, Rose HL. Improving the translation of research into primary care practice: results of a national quality improvement demonstration project. *Jt Comm J Qual Patient Saf* 2008;34:379–90.

# SFP fellowship demographics and growth in 2010



*SFP Fellows Michelle Fox, MD, MPH,  
and Anne Burke, MD, MPH*

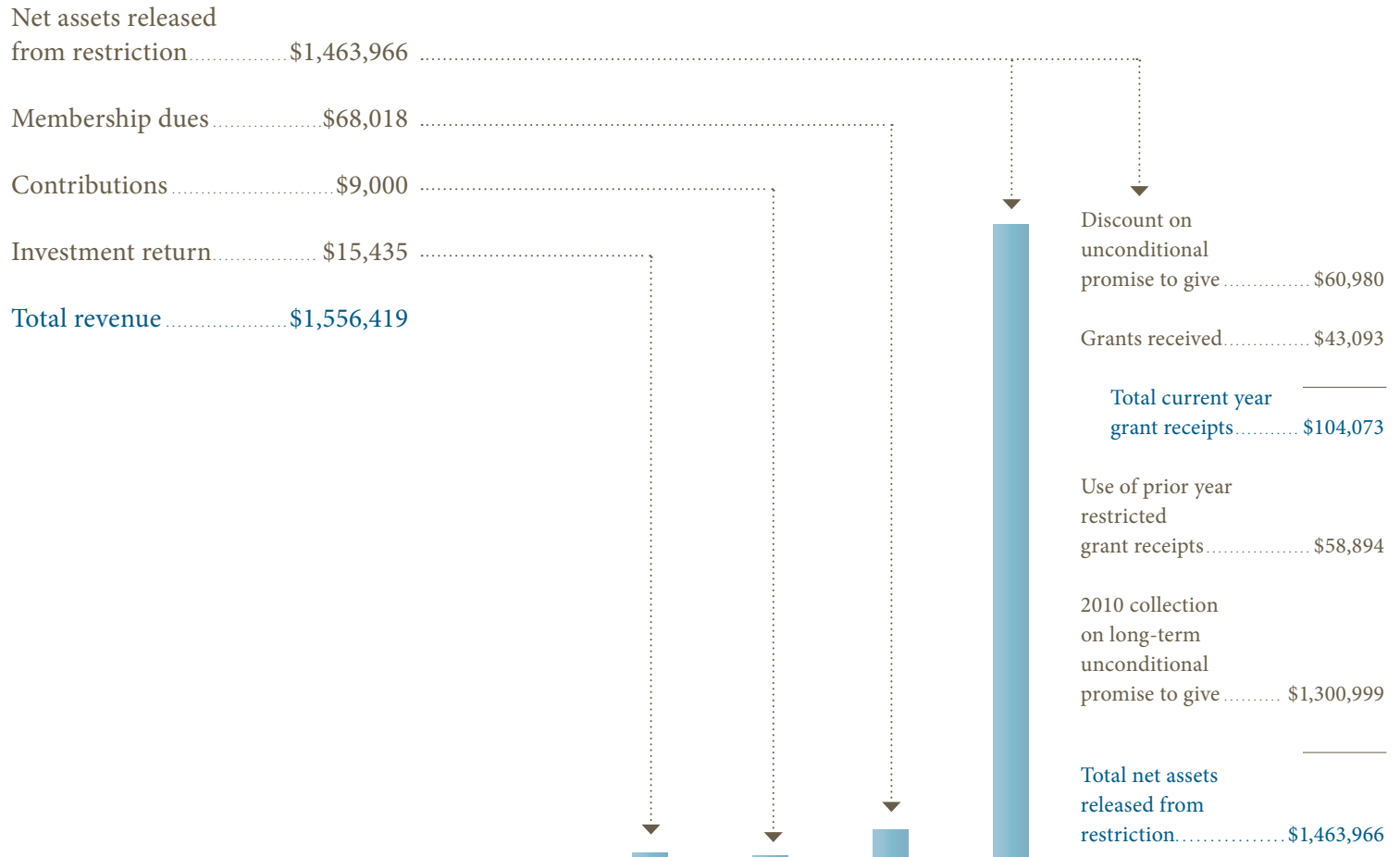
**F**ROM SFP'S INCEPTION IN 2005, until the end of calendar year 2010, we accepted 255 fellows. Although the SFP founding members were the directors of the fellowships in family planning, and thus, primarily obstetrician/gynecologists, we continue to become more inclusive as an academic society by recruiting and accepting physician researchers who are trained in internal medicine, family medicine, and public health. We also have a growing and active constituency of PhDs, social scientists, demographers, public health researchers and advance practice nurses. Further, because of our multidisciplinary membership, we strive to incorporate the career development and funding needs of all of our fellows into our activities.

*“As a scholar new to the field, the grant I received from SFP was a significant milestone in my career. This was the first proposal I had led as an independent investigator. The award inspired in me faith that I could lead not only the project I proposed, but could also build a related body of work over the course of my career. Additionally, the feedback I received on the proposal greatly improved the project I ultimately conducted, highlighting for me the importance of the SFP community.”*

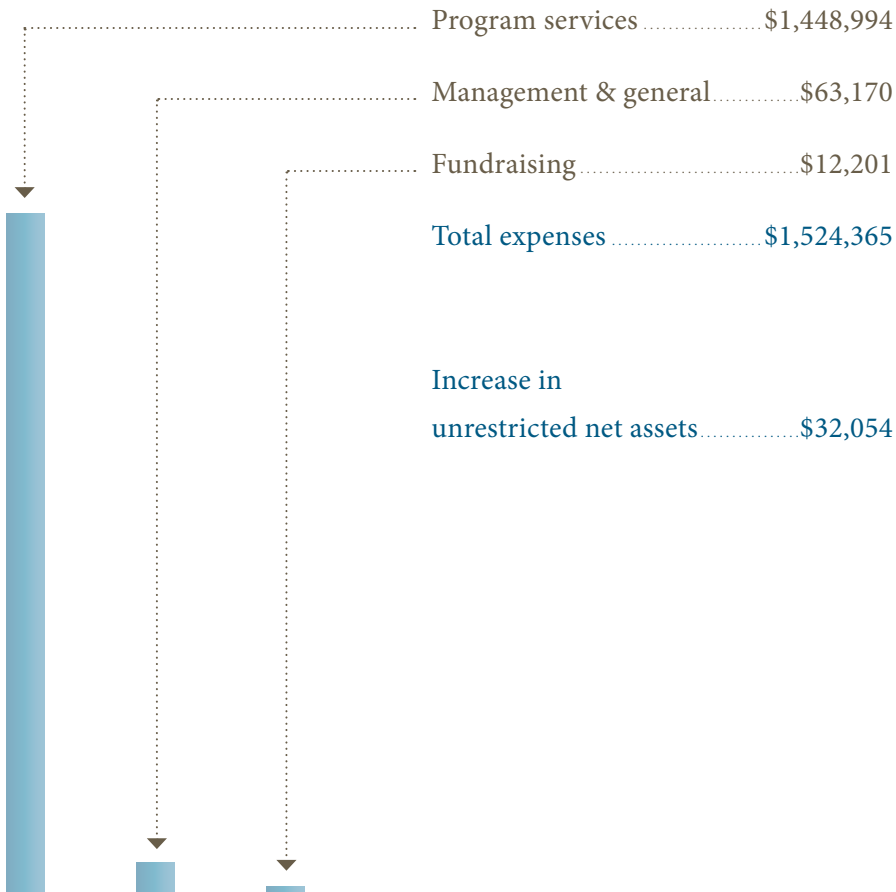
*—Amanda Dennis, MBE*

# 2010 audited financials

## 2010 REVENUE



2010 EXPENSES



*“As someone who is not in a traditional research job, SFP funding has enabled me to maintain my research skills and stay connected to the scholarly community. The findings from my research will help guide Ipas’s response to abortion stigma and could potentially alter the lives of millions of women around the world.”*

—Anu Kumar, PhD, MPH

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*Clockwise from top left: Melissa Gilliam, SFP President-Elect, Mitch Creinin, Immediate Past President, and at-large board members Nikki Zite and James Trussell.*



## STAFF

Susan Higginbotham, MEd  
*Executive Director*

Marlo Polonsky, MPH  
*Grants Officer*

Sarom Sot  
*Administrative Coordinator*

Lauren Bruce  
*MPH student intern*



*SFP Executive Director Susan Higginbotham and Administrative Coordinator Sarom Sot.*





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